You have the right to be and feel safe in Badminton

If you are worried

or have any concerns about the behaviour of people towards you or someone else it is important that you tell someone.

You should look to report it as soon as possible to an adult that you trust, this could be:

- Your Club Welfare Officer (if you do not know who this is ask your coach every club should have a welfare officer)
- Your coach
- Your parent/guardian
- A trusted adult club member
- Your teacher

If you are concerned and are struggling to speak to someone but you have training coming up and the person who is harming you is there, make sure you are not alone. Ensure you are with an adult you can trust or your friends.

If you are not comfortable talking to any of these people, you can contact <u>Childline</u> who have lots of people who can listen and advise you on what to do next. They offer support over the phone but also provide an online chat room where you can speak with one of their counsellors on a 1-2-1 basis.

REPORT FORM

You can also contact our safeguarding team here at Badminton England if you wish to report a concern or email:

safeguarding@badmintonengland.co.uk

For young players within Badminton

Your rights to feel safe:

Everyone has rights. Rights help us to stay safe and you have different rights as you get older. A good place to find out more about your rights as a child or young person is via Childline, they have a great section on their website which breaks them down into a simple way that makes it easier to understand.

Your rights | Childline

Being Bullied:

Nobody has the right to hurt you or make you feel bad. Bullying can be in a range of different forms but the main ones are:

- being called names
- being teased, put down or humiliated
- being pushed or pulled about
- having money and other stuff taken
- having rumours spread about you either verbally or online
- being ignored and left out
- being hit, kicked or physically hurt
- being threatened or intimidated

If you feel that the above is happening to you, you should look for some support. This can be from adults, teachers, coaches or your friends - you may not want to tell your friends the details but they can help support you when you are feeling down and help take your mind off it.

You can report your concerns to them or contact us at Badminton England and talk to us about what is happening and how we can help.

<u>Childline</u> also have a section on their website which can provide more support and guidance.

If your concern is about something online take a look at Thinkuknow, this has information for you according to your age: www.thinkuknow.co.uk