

## Discover

## Engage

## Progress

SUPPORT AVAILABLE

### 1 Year Package of Support

- Sparring Camps and training opportunities (minimum of 4 camps per year)
- Introduction to Strength and Conditioning
- Player guidance and advice
- Preliminary screening with feedback on areas to develop
- Parent education

### 1 Year Package of Support

- International Tournament coaching support and feedback as arranged & agreed by BE Coaching Team (where travelling with BE)
- Sparring Camps and training opportunities (minimum of 3 per year)
- Strength and Conditioning guidance
- Player guidance and advice
- Parent education
- Screening twice a year with feedback on areas to develop

### 1 Year Package of Support

NBC agreed individual development plan could include some/all of following

- Athlete development meetings with Pathway Coach (minimum 2 per year)
- Integrated training opportunities with the England Performance Programme (EPP) Squad
- Min. 2 screenings per year with feedback
- International Tournament programme (minimum of 4 subsidised per year)
- Career Pathway support and guidance
- Sparring Camps and training opportunities (Domestic & International)
- Individualised Strength and Conditioning programme
- Parent Education

PLAYER CONTRIBUTION

- £20 daily contribution towards camps plus £20 for overnight stay

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- International tournament attendance costs (£500 per event if travelling with/arranged through BE)
- (NB Championship selection events are fully funded)

- £20 daily contribution towards camps plus £20 for overnight stay
- £125 contribution per International Competition
- (NB Championship selection events are fully funded by BE)
- Contribution towards NBC training costs dependent on level of access

Excel –  
centralised

Excel – non -  
centralised

SUPPORT AVAILABLE

2-year package of individualised, integrated support through National Coaching & Support Team for players transitioning to or who are fully centralised at the NBC which could include some or all of the following as appropriate:

- Athlete development meetings with National Coach/pathway Coach (min. 4 per year)
- Integrated training with the GB / England Performance Programme Squads
- Min. 4 Screenings per year with feedback
- International Tournament programme (min of 8 fully funded per year)
- Career Pathway support and guidance
- Sparring Camps and training opportunities (Domestic & International)
- Individualised Strength and Conditioning, prehab & rehab programmes
- Medical Insurance
- On-boarding process to transition to full time integrated training at NBC

2-year package of individualised support through University / Network Coach & Support Team, with engagement & collaboration from the National Coaching & Support Team which could include some or all of the following as appropriate:

- Athlete development meetings with Pathway Coach (minimum 2 per year)
- Requirement to attend integrated training with the GB / England Performance Programme Squads when education schedule allows (in agreement with National/network Coaching Team)
- Min. 2 screenings per year with feedback
- International Tournament programme (min of 4 fully funded per year)
- Career Pathway support and guidance
- Sparring Camps and training opportunities (Domestic & International)
- Individual Strength and Conditioning programme or Support & Guidance (dependent on situation)
- Priority nomination for TASS Award which could include access to: Medical Scheme, S&C, Physio, Nutrition & Lifestyle support

PLAYER CONTRIBUTION

