

What Badminton do you deliver in school?

At Workington Academy we deliver Badminton both as part of our curriculum and after school clubs for all year groups. We also host Cockermouth Junior Badminton club for weekly training sessions and have a direct school to club link.

One of the issues with starting back at school is the safe delivery of school sports and PE. To overcome this, we have used the socially distanced module off Hive to direct the Physical Education department staff training. I have delivered CPD to other members of the department so they can successfully deliver Badminton in a safe and confident manner.

We have faced challenges around a lack of indoor space due to our hall being a covid 19 test centre, but as a PE department we have been flexible and delivered lessons that have been based around the principles of badminton, but in an outdoor setting such as the field or playground with a lot of success.

We now have our sports hall back and can successfully deliver badminton in PE lessons and after school clubs which as you can see has gone down very well!

Workington Academy Cumbria - Barry Wilkinson - Physical Education Teacher



Year 7 after School Badminton Club

What Badminton do you deliver in school?

I teach badminton to KS3 students for two terms in PE lessons and run an after-school club which is always well attended – it's great to be back on court!

It has been challenging at times, but utilising Badminton England's socially distanced module on Hive has enabled me to teach safely and appropriately. Combining this with the 'Smash Up!' game ideas have been extremely useful ensuring the students are still having fun, being challenged but also keeping their distance from each other.

The students have all been wonderful making sure their rackets and any other equipment at the end of the lessons are wiped down. I did not think it would be possible to provide socially distanced badminton, but thanks to the maturity and enthusiasm from the students and the excellent resources provided by Badminton England it has been a big success. The students particularly enjoy using some of the Racket Pack equipment (large shuttles and Get Set nets) to keep the lessons fun, but it also allows me to differentiate my teaching, so all abilities are catered for.

Our students love competing against another class group against myself - essentially 2 against 1 where I am on court returning their shots and they play and move to the back of their class line, so the action is constant. It can get very animated and vocal when I bring in the competitive element.

St Bees School - Zoe Bettinson -English, Drama and PE Teacher