**Access to First Aid Statement**

**(Updated to reflect Covid-19)**

Note: This document also includes advice on what to do:

* In the event of someone becoming symptomatic during a session
* If first aid needs to be administered during a session
* If a player reports symptoms after a session

***NAME OF CLUB***

# FIRST AID PROVISION BY VENUE PROVIDER

The VENUE PROVIDER provides emergency first aid equipment and a member of staff qualified in first aid is on duty and available at all times.

# FIRST AID PROVISION BY CLUB

The club provides emergency first aid and a first aid kit is available at the club venue and where relevant at training/competition events. The nominated club officer is responsible for ensuring that the first aid kit is easily accessible and that it is fully stocked with items that are within their shelf life.

Nominated Club Officer: *INSERT CLUB OFFICER OR NAME*

Under guidance from the Health & Safety Executive, the first aid kit contains at least the following items:

* The HSE Basic Advice on First Aid at Work leaflet giving general guidance on first aid
* 20 individually wrapped sterile adhesive dressings (assorted sizes).
* Two sterile eye pads.
* Four individually wrapped triangular bandages.
* Six safety pins.
* Six medium-sized (approximately 12cm x 12cm) individually wrapped sterile un-medicated wound dressings.
* Two large (approximately 18cm x 18cm) un-medicated wound dressings.
* One pair of disposable gloves.

In addition, you should provide an alcohol based hand sanitiser

We also recommend you include the following (or ensure that your venue is able to provide these items):

* Fluid-repellent surgical mask
* Eye protection
* Apron or other suitable covering

NB. Tablets or medicines are not kept in the first aid box.

# Additional requirements relating to Covid-19

If a player gets injured, a member of their household can aid them but others will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care. If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance.

If a player becomes symptomatic during the session, they should be immediately removed from the session. You must notify your venue and follow their guidance; where possible, move them to a room behind closed door while following social distancing guidelines; in the absence of this, the player should be sent home and NHS guidance on further management of symptoms should be followed.

All participants (players, coaches, coordinators) have a responsibility to notify the Covid-19 Officer should they get symptoms of Covid-19. The person with symptoms should seek a test promptly and follow the NHS [Track and Trace procedure](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/).

The Covid-19 Officer should contact everyone who attended that session to advise them that an individual within the group has reported symptoms. If the individual is a coach who has led additional sessions, all participants in these sessions need to be contacted.

Guidance for first aiders during the Covid-19 outbreak is available [here](https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/)

And The Resuscitation Council has updated its [advice](https://www.resus.org.uk/covid-19-resources/covid-19-resources-general-public/resuscitation-council-uk-statement-covid-19) on CPR.

Further government [guidance](https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-interim-guidance-for-first-responders/interim-guidance-for-first-responders-and-others-in-close-contact-with-symptomatic-people-with-potential-2019-ncov) is also available.

Club personnel qualified in basic first aid:

NAME: POSITION AT CLUB:

NAME: POSITION AT CLUB:

NAME: POSITION AT CLUB:

SIGNED: DATE:

NAME:

POSITION: Club Chairperson