

Return to play



Stay home if you are showing symptoms



Check for local lockdown restrictions



Follow venue guidelines – book in advance



You can play in groups of up to 6 with social distancing



One coach to 15 players max



Match play allowed in groups of 6 v 6



Full court singles and doubles



Don't share rackets



Shuttles can be shared within a group of players



Wash your hands regularly and clean your equipment

